

PHYSICAL EDUCATION RULES

Mr. Fenrick's Classes

Daily Procedure

1. We meet in the gym each class period. You will be shown where on the first day.
2. You will have 4 minutes to get dressed (after we have lined up). It is your responsibility to be dressed and in the gym on time. Being on time means that you are seated in your assigned spot on the gym floor.
3. Please use the bathroom before class. If there is a line, ask the teacher or aid, and you will be allowed to use another bathroom.
4. If you have a school issued lock, please make sure you are locking it after every class. If you do not have a lock, you will use one of the lockers / baskets during class, but cannot leave your items there at the end of class.

Basic Rules

1. No student(s) are allowed in the equipment room without adult permission and supervision.
2. Do not leave the gym without permission. If PE is outside, do not go in the building without permission.
3. Raise your hand to be recognized before speaking.
4. Use the equipment as it is intended to be used.
5. It is the responsibility of the student to make up any missed classes or assignments.
6. Work to your full potential. Come with a hard-working and positive attitude.
7. Show respect and tolerance to everyone in class.
8. Be on time to class and when changing for class.

Gym Clothes

1. Make sure you have proper gym clothes each day (orange St. Paul's shirt, blue St. Paul's shorts, gym shoes, sweat socks).
2. Forgetting any part of your uniform will result in sitting out of class and an F for the day. Students will be allowed to make up their FIRST non-participation day of each quarter (see **Make-up section**).
3. Absolutely NO JEWELRY. This includes watches, bracelets, etc. If you just got your ear(s) pierced, I expect a note from home stating how long they need to stay in.
4. There should be NO writing on your uniform, except for your name.

Grading

1. Grading is based largely on participation. Therefore, it is highly recommended that all EXCUSED absences be made up (see **Make-up section**).
2. DAILY GRADING: Your daily grade will be using a 20 point scale: 6 points for Participation, 5 for Effort, 5 for Behavior, and 4 for coming to class Prepared.
3. QUARTERLY GRADING: Your final quarter grade will be calculated using your daily grades (85%) and written tests / skill checks (15%).

Make-ups / Absences

1. It is the **responsibility of the student** to arrange for any make-up days.
2. These must be done prior to midterm or quarter break.
3. These can be done before / after school, recess, or study hall.
4. Make-up sessions will last a minimum of 30 minutes. If recess is being used for a make-up session, it will require multiple days to meet the 30 minute requirement.
 - a. UNEXCUSED: The student has improper gym clothes or chooses to sit out
 - i. The student may make up their **FIRST** time per quarter, with a chance to receive a B as the highest grade.
 - ii. Any further unexcused absences will result in a detention and an F for the day.
 - b. EXCUSED: The child is home ill, at an appointment, funeral, etc.
 - i. Each child is allowed **TWO EXCUSED** absences per quarter. These do not need to be made up and missing class will not affect their grade.
 - ii. Any further excused absences should be made up for **FULL** credit.
 - iii. Any days missed due to family vacations should be made up **PRIOR** to the vacation.
 - iv. Any excused absences (other than the first two) not made up by the student will be recorded as an F for that particular day. Exceptions may be made for extended illness, but will require a doctor's excuse (see Medical Excuse below).
 - c. MEDICAL EXCUSE:
 - i. An injury excuse (ie. Sprained ankle) from a parent is good for **ONE** day per quarter and may be made up for full credit.
 - ii. Health problems / injuries lasting longer than one day will require a doctor's note, complete with reason and expected date of return to activity.
 - iii. Students with extended medical excuses from a doctor will have an opportunity to do a written report to receive credit towards P.E.
 - iv. Doctor's notes are expected to be turned in within 3 days of the diagnosis.

Student Name: _____ Parent Signature: _____